

### **EPISODE 31 - INSURANCE & ADVOCACY - "THE COVERAGE GAP"!**

#### 1. Insurance Chaos & Confusion!

In this episode everyone in the office seems to have lost their health insurance in the move from New York to California, causing chaos and confusion as everyone will now have to pay out of pocket for their medication.

## 1a. Critical Thinking Discussion Questions...

Let's put that brain to work! Fill in your answers below to the best of your ability!

The confusion in the mix-up creates doubt and anxiety amongst the Stop the Bleeding staff - how has dealing with your insurance provider affected you and your family?
Do you have a story of a time your insurance plan made you feel totally confused?
What are some productive ways to avoid becoming overwhelmed while dealing with insurance?

## 2. "Hill Day" Advocacy!

Jacqui convinces the gang that advocacy, not complaining on social media, is the way to have their arguments about their health insurance mix-up meaningfully heard. They decide they'll head to California's Hill Day to advocate for change.

## 2a. Critical Thinking Discussion Questions...

Let's brainstorm about advocacy!

Have you ever heard of these "Hill Days" in your community? If so, what are they and what has been your experience of them?
Why do you think advocating for change by showing up to meet with government officials is more effective than simply ranting on Facebook?
What are some interesting ways we CAN advocate for change using social media?

GREAT JOB! Please continue to the next section!

# 3. "M. Premiums" and Sticking With It!

Eddie battles the flu while searching for the answer to why everyone has lost their insurance. He makes himself sick trying to deal with all the complex ins and outs of the team's health insurance plan.

3a.	Critical	Thinking	Discussion	Questions
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We are all Eddie, sometimes!

Although Eddie goes to the extreme, he sticks with it and finally figures it out - have you ever been in a similar situation with your insurance plan or in your life in general, where you worked and worked to finally solve a tough problem?
What does this episode teach us about the importance of people with hemophilia and von willebrand disease being aware of their health insurance coverage?
What are some ways we can make the sometimes confusing and mundane task of dealing with health insurance companies less of a burden? How can we advocate for change when there is not a Hill Day to attend?