

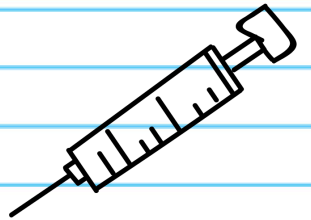
stop the
BLEEDING!
A COMEDIC WEB SERIES from BELIEVE LTD

Episode 32:
PROPHYLAXIS

Ouchy!!



Oops!!



NAMASTE ☸



EPIISODE 32 - PROPHYLAXIS! - “YOGA MEDICAL CARE ACTION (YMCA)”

1. Hot Yoga at the YMCA!

In this episode, Spencer’s idea to turn the office into a hot yoga studio causes tension between him and Jacqui, which inadvertently leads to Ace getting a bleed and forces him into confront falling off his prophy regimen.

1a. Critical Thinking Discussion Questions...

Let’s put that brain to work! Fill in your answers below to the best of your ability!

Ace, who has severe hemophilia A, says he only infuses “when he needs to,” instead of infusing prophylactically . What problems might this cause for Ace?

Why do you think Ace seems to dislike his prophy regimen? Do you ever get tired of infusing or being infused?

Why should Ace be more consistent with his prophy regimen?

GREAT JOB! Please continue to the next section!

2. Ace's Frustration!

Ace gets fed up with everyone telling him how to handle his bleed and prophylaxis regimen, which leads him to retreating into the storage closet.

2a. Critical Thinking Discussion Questions...

Let's put that brain to work! Fill in your answers below to the best of your ability!

Can you relate to Ace's frustration? Have you ever felt ignored, dismissed, or badgered when discussing your own self-care with doctors and/or family?

How could Dr. Young and the gang have better explained the importance of maintaining a prophylaxis regimen to Ace?

Ace, in a moment of anger, claims to not need a "nurse or babysitter" - have there been times where you felt the way Ace does in that moment? If so, why?

GREAT JOB! Please continue to the next section!

3. Adam's Story

Spencer tells Ace the story of his younger brother, Adam, who also stopped infusing prophylactically and ended up passing away from a head bleed while in college.. The powerful, personal story helps Ace understand the importance of self-care and having a consistent prophylaxis regimen.

3a. Critical Thinking Discussion Questions...

Let's put that brain to work! Fill in your answers below to the best of your ability!

Why do you think Spencer chose to tell Ace about his brother, Adam?

Ace seemed very moved by Spencer's story. What effect did hearing Adam's story have on Ace?

What are some other ways Spencer could've helped Ace understand the importance of prophylaxis and maintaining healthy, self-care practices?

Great job! You're all done for now!