

EPISODE 35 - INHIBITORS, or "THE POOL PARTY!"

1. Hector's Inhibitor!

In this episode, Megan throws a pool party at her house. One of her guests, Hector, is embarrassed when his mom Lilianna stops him from diving into the pool due to his hemophilia. Lilianna worries that Hector's inhibitor makes activities like diving too dangerous for Hector, and she ushers him away from the pool and into the house, prompting Dr. Young and Jamie to intervene.

1a. Critical Thinking Discussion Questions...

Let's put that brain to work! Fill in your answers below to the best of your ability!

When Lilianna stops Hector from jumping into the pool, he screams, "I'm not a baby!" Have you ever felt "babied" because of your bleeding disorder, particularly if you've had an inhibitor?

Why do you think Lilianna reacted the way she did to Hector's attempted dive? How could she have handled the situation without embarrassing Hector?

How do you think Hector felt as his mom was walking him into the house? Have you ever felt that way?

GREAT JOB! Please continue to the next section!

2. Evel Knievel of Bleeders!

Dr. Young uses a little reverse psychology to get Hector to open up about his inhibitor and his mom's overreaction. We learn that maybe she wasn't overreacting after all...

2a. Critical Thinking Discussion Questions...

Let's put that brain to work! Fill in your answers below to the best of your ability!

At first, Hector doesn't seem in	nterested in talking to Dr.	Young. Why	do you think that
is, and can you relate to that?			

When Hector shares with Dr. Young some of the risky activities he enjoys, does it make Liliana's reaction more understable? Do you think Hector behaves recklessly sometimes?

Have you ever had to talk with your parents and/or doctors about participating in sports or physical activities that were considered "questionable" in some way? How did those conversations go? What was the result?

GREAT JOB! Please continue to the next section!

3. Hector's Pizza Chart!

While Nurse Jamie reassures Lilianna that she is not alone in the bleeding disorders community, Hector and Dr. Young show her a chart Hector made that includes safe activities that Hector can participate in!

3a. Critical Thinking Discussion Questions...

Let's put that brain to work! Fill in your answers below to the best of your ability!

Why	/ do v	you think	Jacqui invited	Amber and	her son to	come talk to	Lilianna?
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Have you met new friends in the bleeding disorders community who can relate to your experiences? Do you think it's important to connect with others in the bleeding disorders community?

How can we support young people with inhibitors? What can we do to make sure we're being supportive of them? What activities might we recommend to them?

Great job! You're all done for now!