

stop the
BLEEDING!
A COMEDIC WEB SERIES from BELIEVE LTD

Episode 37:
LIVING WITH vWD

seriously?!



TONIGHT
Women's Group:
Living w/ vWD!
8:00 PM



EPISODE 37 - “JOINING AN HTC” or, “THIS LITTLE LIGHT OF MINE!”

1. Sheila and Bernice Tough it Out

In this episode, Sheila and her mother Bernice are first timers at Dr. Young’s new hemophilia treatment center, or “HTC.” We follow them as Dr. Young, Nurse Jamie and Tiffany, the social worker, walk them through the process of joining a HTC and living with a bleeding disorder.

1a. Critical Thinking Discussion Questions...

Let’s put that brain to work! Fill in your answers below to the best of your ability!

Sheila, a 19 year-old college student, has just found out that she has the bleeding disorder von Willebrand Disease (vWD). Before she was diagnosed, her mother Bernice told her she needed to “tough out” her heavy periods, instead of advocating for more medical attention, because Bernice was not familiar with vWD. Can you relate to the confusion Sheila and her mother faced before being diagnosed with a bleeding disorder?

Why do you think it can be difficult for women to determine whether or not they have a bleeding disorder like vWD?

What are some ways to educate young women on why they might consider getting checked out to see if they have a bleeding disorder?

GREAT JOB! Please continue to the next section!

2. Bernice Blames Herself and Sheila is Overwhelmed

Bernice blames herself for not identifying her daughter's bleeding disorder symptoms sooner. Meanwhile, Sheila speaks to Nurse Jamie and Tiffany about how overwhelmed she is with all this new information about a disorder she was unaware she had.

2a. Critical Thinking Discussion Questions...

Let's put that brain to work! Fill in your answers below to the best of your ability!

Bernice is quick to blame herself for Sheila's VWD, which is perhaps why she speaks for Sheila rather than letting Sheila speak for herself. How does this make Sheila feel? What would you do differently, if you were Bernice?

Sheila explains that her diagnosis made her question *who* she is and wonder *what else* she doesn't know about herself. What do you think she means? What questions or feelings did you have when you were first diagnosed?

Sheila is surprised to find out that even though hemophilia is well known, von Willebrand Disease is actually far more common. Why do you think that is? Why is it important to raise awareness about VWD?

GREAT JOB! Please continue to the next section!

3. Sheila and Bernice Attend a vWD Women’s Group Meeting!

Nurse Jamie and Tiffany convince Sheila and Bernice to join them at a Women’s Group meeting at the HTC. Sheila meets a variety of women of all ages in the VWD community who can relate to her story and through their stories, help her prepare for the future.

3a. Critical Thinking Discussion Questions...

Let’s put that brain to work! Fill in your answers below to the best of your ability!

Why do you think it’s important for Sheila and Bernice, new members of the bleeding disorders community, to meet other women with vWD and hear their stories?

Sheila explains that finally having a diagnosis makes her feel like, “a full person... like *me*.” How does understanding your diagnosis and treatment options help improve your life with a bleeding disorder?

What are three great ways to connect with other people who have bleeding disorders, in order to share experiences and learn from one another’s stories?

Great job! You’re all done for now!